



## Senior Concerns Emergency Wraparound Services for Seniors

Due to COVID19 we know many of our community's seniors are self-isolating at home. We are collecting nonperishable items to distribute to seniors at their home as needed. Please note we update our list based upon what we receive, so this is the most updated list of what we need.

You can drop them off at Senior Concerns: 401 Hodencamp Rd. Thousand Oaks, CA 91360.  
Donation Drop Off is M-F from 9 - 4

1. We are only accepting **nonperishable items**.
2. **Small sizes preferred**.
3. Please **check the expiration date** of what is being donated.

Thank you so much for reaching out to help our most vulnerable population during this crisis time

### **Canned Goods**

Soup (no chicken noodle) - including low sodium  
Pre-made meals (chef Boyardee for example)  
Salmon  
Chicken  
Spam  
Pineapple

### **Sauces and condiments**

Seasonings (onion powder, garlic powder, salt & pepper, Italian seasoning, for example)  
Olive oil  
Vegetable oil  
Mayonnaise  
Peanut Butter  
Honey  
Salad dressings (Ranch & Thousand Island)

### **Snacks**

Variety of cookies  
Sugar free cookies  
Nuts  
Small size milk or dark chocolates

### **Beverages**

Bottled water – small or regular size  
Juice/juice boxes (cranberry, apple, etc.) - including low sugar drinks  
Shelf stable milk (Horizon for example)  
Almond Milk

### **Dry Goods**

Instant & regular caffeinated coffee  
Instant & regular decaffeinated coffee  
Tea (green tea & chamomile)

### **Toiletries**

Toilet paper  
Hand soap  
Rubbing alcohol \*swabs or bottles  
Hand sanitizer  
Shampoo  
Q-tips

### **Household Items**

Paper towels  
Napkins  
Disinfectant/Multi-purpose cleaners  
Aluminum foil  
Small Detergents  
Fabric Softener  
Zip lock bags – Quart and snack sizes  
Trash bags