

# CONEJO VALLEY CHURCH OF CHRIST

# BE the BLESSING

October 20, 2024

## Welcome!

Thank you for joining us for worship. We pray you will encounter God as we worship together.

### Today

- 9:00am Bible Classes for All Ages
- 10:00am Virtual Meet-and-Greet via YouTube Chat
- 10:15am On-Site and Virtual Worship Service via YouTube
- 6:00pm Chili Cook-Off Mission Trip Fundraiser

### Upcoming Events

- Oct. 21 Monday Guys' Group
- Oct. 21 Women's Bible Study
- Oct. 23 Flourishing Families
- Oct. 23 Life Group at the Reynolds
- Oct. 24 Conejo Academy Tutoring
- Oct. 24 Life Group at the Fosters
- Oct. 25 CVYM Halloween Party
- Oct. 26 Guys' Golf Outing
- Oct. 26 Trunk or Treat
- Nov. 1 All Saints' Day Service

### Upcoming Birthdays

- |                |       |
|----------------|-------|
| Pam Isaac      | 10/22 |
| Lori Rushford  | 10/22 |
| Ellis Smith    | 10/27 |
| James Rockey   | 10/29 |
| Brian Smithers | 10/30 |
| Luke Walsh     | 10/30 |

## FOMO Versus JOMO

Andy Wall

*"Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these." Matthew 6:28-29*

I suspect that like me, you've heard of the acronym FOMO. It seems to have come into usage during the era of social media and stands for the "Fear Of Missing Out." Whenever someone posts pictures of their fabulous vacation, or shows a happy gathering of friends having a good time, or displays some sumptuous meal at a fancy restaurant, your sense of FOMO can be triggered. This can be especially true when close friends gather without inviting you and then share pictures of their good times without you. Or when family members gather but you weren't able to join them. As I like to tease my family, "Feel free to gather, but no having fun without me!"

My friend Greg Daum recently introduced me to a newer acronym, one that I suppose has evolved in response to FOMO. In contrast to FOMO, JOMO stands for the "Joy Of Missing Out." According to psychologist Susan Alberts, JOMO describes the notion of embracing joy and contentment, opting out of draining activities, and placing "a greater focus on consciously choosing what you want to participate in, not what you feel pressure to participate in." In our era of endless busyness, unending consumerism, and the frantic pursuit of resume-padding activities, the ability to say "no, I don't need to do that too" can be counter-cultural, sanity-producing, and freeing.

In Disney's classic movie, *The Jungle Book*, the old bear Baloo, voiced by the incomparable Phil Harris, sings about JOMO:

"Look for the bare necessities, the simple bare necessities  
Forget about your worries and your strife  
I mean those bare necessities, that's why a bear can rest at ease  
With just the bare necessities of life."

Toward the end of his song, Baloo sings, "When you find out you can live without it and go along not thinking about it, I'll tell you something true, the bare necessities of life have come to you." I think he's talking about JOMO.

As a follower of Jesus, I'm reminded of Paul's observation that "Godliness with contentment is great gain." In other words, we can learn to be happy without having to buy everything we see advertised, have every experience our friends have, or run ourselves ragged trying to keep up with the Joneses. May God grant you the wisdom to discern when to pursue and engage and when to experience JOMO.



# What's Happening At Conejo



## Current Sermon Series: *Present Grace, Future Promise*

Jesus' fourth beatitude presents an interesting twist. He doesn't say "blessed are the righteous" but "Blessed are those who hunger and thirst for righteousness." Jesus is not congratulating those who have already "arrived" so much as he is encouraging those who yearn to conform to God's will to continue in pursuit of it. Righteousness is something we are always striving for, never fully possessing. Jesus' promise is that God will satisfy those who earnestly seek to do God's will as though it were food and drink.

## Fall Adult Education Classes

In our adult auditorium class, Matt Joyner is leading a class titled "Faith, Imagination, and the Natural World: Scientific Reflections on God and Our Universe" an exploration of the intersection of faith and science. Today, Derek Estes will teach today about "The Morality of Science and Religion." Join us in this series and examine the interplay of scientific ideas with personal faith in Jesus Christ and how we understand the Bible.

In our north overflow room, Connie Horton is teaching a class titled "Raising Resilience." The class discusses real-life concerns and practical strategies to help children, teens, and young adults grow up equipped to become resilient adults. All ages are welcome.

## Adopt A Young Adult Program

We are resuming our Adopt a Young Adult program. Even if you participated last year, please sign up again this year. We would suggest that you "adopt" a different young adult this year. But if you want to stay with the same person, contact Rodney Smithers at [wmp4@aol.com](mailto:wmp4@aol.com) or (901) 674-3582.

### How This Works For Young Adults

If you are a high school graduate, a college student, or a college graduate living here in the area, we want to bless you! For additional information about this, please click [tell me more](#) for the details and click [sign me up](#) or use the QR code (under tell me more) to show your interest. We will connect you with a Conejo member or family! I

### How CVCC Members Can Bless Our Young Adults

At Conejo we want to take care of our young adults, whether they grew up here, have moved to the area, or have moved elsewhere. If you're interested in blessing some of our younger members, please click [tell me more](#) for additional details and click [sign me up](#) or access the sign-up page through the QR code. It's that easy!

## Tutoring at Conejo Academy / Thursdays at 6pm

Tutoring has started up again at Conejo Academy on Thursday nights. We are looking for both weekly volunteers and substitute tutors. Being a tutor means spending an hour each week with first grade students, helping them with reading or math, as well as playing games. Contact Rob West at (805) 657-

2911 or email [tutoringatconejo@gmail.com](mailto:tutoringatconejo@gmail.com) if you can serve as a tutor or substitute or if you would like additional information.

## Fall Fair for Many Mansions / October 25

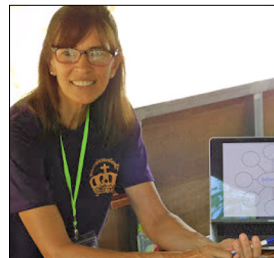


Many Mansions, the provider of low-income housing in our community, is sponsoring its annual Fall Fair for children on Friday, October 25, from 3-5:30pm. Our church is collaborating with Many Mansions on this year's fair, providing several activity stations. We are looking for adult and teen volunteers to help run these stations. Please click [Many Mansions Fall Fair](#) to volunteer for this event.

## All Saints' Day Service / November 1

On Friday evening, November 1, at 7pm, you're invited to gather at the church building for an All Saints' Day Service. This service is rooted in Christian tradition going back at least to the 9th century. During this service, we'll remember the saints who have gone on before us. We'll reflect on the cloud of witnesses described in Hebrews 11 and 12. Such a gathering can be greatly beneficial, particularly for those walking the road of grief. All Saints' Day is an opportunity for us to lament the loss of loved ones in recent years, to cry out to God in our sorrow, and also to entrust our lives and our loved ones to God's care.

## Missions Messenger from Cambodia



Dear Conejo Family,

*Thank you so much for your on-going support and fellowship in God's work in Cambodia. I am truly thankful. I would love for you to come visit! May His Name be glorified.*

*With love to all of you, Julie Broyles*

Julie Broyles serves as the director of the Bible English Study Center (BEST) in Phnom Penh, Cambodia. Members from Conejo Valley Church of Christ visited and participated with Julie prior to the pandemic. To learn more about Julie's work in Cambodia, please access her wonderful blog which she updates regularly called [Clips from Cambodia](#). Connect to it through this link to read about her work, see photos of the people she interacts with, and catch a glimpse of the culture of Phnom Penh, Cambodia.

As you have time, please reach out to Julie with words of encouragement through email: [juliebroyles1@gmail.com](mailto:juliebroyles1@gmail.com).

## Made In The Streets (MITS) Dinner

Francis Mbuvi and Brad Voss from MITS in Nairobi, Kenya, shared during Bible class, worship time, and an informational dinner last week. Please pray for and share the story and dream of MITS with those you know who would be interested in helping them move forward.





# High School + Middle School

## Youth Group Bible Class / Today



For Bible class, we're launching a new four-week study on the first Sunday of each month for the rest of 2024. Using the familiar "Grow Students" curriculum, the October series draws on stories throughout the Bible to teach Christian leadership principles. November is all

about generosity, with lessons in 1 Thessalonians. December returns to the gospels for Christmas-themed lessons.

## Memory Verse

*Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith, and in purity. 1 Timothy 4:12*

## Chili Cook-Off Summer Mission Trip Fundraiser

Be sure to join us tonight for the fall fundraiser for our 2025 summer mission trip. This year, we are having a chili cook-off, sides, desserts, and time to visit



Sign up to cook or help



Donate funds

with one another and think about the most recent Mexico mission trips. And let's not forget, an opportunity for you to donate to our 2025 summer mission trip to Mexico. Our goal is to raise at least \$10K with this fall fundraiser. We will have spring fundraiser to raise additional funds once we know how many participants will go this year.

## Youth Ministry Parent Meeting Follow Up

In the event you were unable to attend the recent Youth Ministry meeting, please be sure to fill out and return the [Family Information sheet](#) to the church office asap. We plan to keep the fall schedule as close as possible to what was previously announced. Click [Youth Ministry Calendar](#) to access the revised youth ministry calendars. Please be thinking about which events you might help with through the end of 2024.



## YM Team Building Weekend / November 1-3

### HS Pismo Retreat: All

students in grades 8-12 are encouraged to participate in this year's Pismo Retreat on November 1-3. The cost of the weekend is \$90 per person.



### SkyZone & CFA Day: All

students in grades 6-8 are encouraged to spend a portion of Saturday together at SkyZone and CFA. The fun begins at 11:15am and continues through 2pm. Please pick up a flyer or see information in the foyer about this event upcoming event for our middle school students.

# Children's Ministry

## Children's Bible Class Offerings

*Children's Bible Class Offerings*

Nursery - Noel T.

2's-5's - Leslie S. and Sarah G

Kinder-5th grade - Paula M. and Co W.

*Worship Classes are available for children during our sermon time.*

Nursery - Maxi M. and

2's -5's - Amber J. and Sarah G.  
Kinder-5th Grade - Dwayne H.



## Updated Children's Ministry Roster

If you have children in the Children's Ministry, please fill out the Google form at [tinyurl.com/cvccroster24](https://tinyurl.com/cvccroster24). This is for the new school year, so please fill this out even if you've done so in the past. Thank you for helping us keep the most accurate records as we endeavor to serve your family.



## Memory Verse

Our memory verse is Deuteronomy 7:9:

*So I want you to realize that the Lord your God is God. He is the faithful God. He keeps his covenant for all time to come.*

## Trunk or Treat / October 26

Trunk or Treat is back! Each family/group that signs up to decorate their trunk will also run their own carnival style game or activity. Please be planning fun costumes and exciting games! Be on the lookout for more information and mark your calendars for 6pm on October 26. Sign up to host a trunk at <https://tinyurl.com/hostTOT24> or by scanning the QR code.



# Prayer Corner

Devote yourself to prayer being watchful and thankful. Colossians 4:2

## PRAISES

**Pregnant Mom** – Jacqueline Dillion-Wiens (October)

**Baptisms** – Zach Johnson, Matthew Johnson

**New Members** – Derek, Laura, Miles, and Henry Estes; Clay, Aubrey, Milo, and Ellis Smith

**Birth** – Avery Salvador Urquia (grandson of Guy and Rosie Patenaude) was born to Alex and Robin Urquia on October 17

## THOSE GRIEVING

**Michael Williams** – loss of father, David Williams

**Suzanne Scarberry** – loss of brother, Marty Lince

**Rick Marrs** – loss of father, Roscoe Marrs

**Tiffany Ornelas** – following the death of her grandmother, Dorothy Cotton

**Family of Tim Coupe** – following the sudden death of Tim, former Conejo member

**Nick Odenath** – loss of father, Al Odenath

**Phil Daringer** – loss of father, Phil Daringer

**Stan Thomas** – loss of father, Leroy Thomas

**Jim White** – loss of mother, Joanna White

**Vincent Chambers** – loss of father, Buford Chambers

**Darlene Rivas** – loss of Lucinda Hodges, sister-in-law

**Daelan Blankfein** – loss of father, Fred Blankfein

**Kim Milanovich** – loss of grandmother, Alice Michael

**Tammy Ditmore** – loss of mother, Darlene Fielder

**Char Hurley** – loss of nephew, Matthew Horner

**Bonnie Rockey** – loss of Jerry Roby, grandfather

## FIGHTING CANCER

**Shirley Comia** (friend of Bob and Kay Falletta) – recently diagnosed with cancer

**Sherry Horner** (sister of Char Hurley) – stage IV breast cancer, metastasized to bones

**Maria Baake** – recovering from surgery for breast cancer

**David Green** – cancer suppressor drug is doing its job; semi-monthly biomarker tests yielding positive results

**Sandra Brasher** (friend of Rene Heard) – breast cancer

**Dede Koldyke** (cousin of Steve Scott) – cancer has returned

**Cindy Hall** (cousin of Matt Joyner) – stage IV metastasized breast cancer; recovering from hip replacement surgery

**Kurt Krebs** (friend of Ed Sanders) – multiple myeloma

**Justice Howard** (cousin of Yashica Budde) – thyroid cancer

## VARIOUS CONCERNS

**Penny White** – recovery from recent abdominal surgery

**Carol Overton** (mother of Daniel Overton) – trying to determine the cause of a brain infection

**Brenda White** – recent surgery to remove skin cancer

**First Responders, Linemen, All who work outside** – during the extreme heat, earthquakes, fires, and upcoming winds

**Kendra Davis** (sister of Suzanne Scarberry) – home recovering from serious complications from recent abdominal surgery

**Steve Simpson** (brother of Lorna T., Stephanie S. and Claudia dB.) – rare and aggressive autoimmune disease called ANCA-Associated Vasculitis; has attacked kidneys; will need kidney transplant soon

**Elizabeth Cowan** (mother of Christian Socquet) – memory issues, infections, difficulty understanding medical care

**Rosemary Davis** (sister-in-law of Jan Willis) – recovering from surgery for brain tumor

**Carrie Wall** – recovering from knee replacement surgery

**Peace and safety** for all in war-torn areas: Israel, the Middle East, Ukraine, Russia

**Marilyn Aurand** – spinal stenosis

**Reilly Phillips** (son of Phil and Heather Phillips) – type I diabetes

**Joe Reynolds** (father of Brittany Joyner) – heart failure

**Calvin Hill** (friend of Haylie Douglas) – severely burned, many complications

**Barb Suhr** (friend of Char Hurley) – dealing with memory loss issues

**Martha Condley** (daughter of Janie Condley) – lupus

**Harriet Nutter** (mother of Daphne Green) – depression

**Mary Zollman** (friend of Lisa Scott) – multiple sclerosis

## MISSION EFFORTS

**Raul and Betty Alvarado** – mission efforts in Panama

**Baja Missions** – Baja California, Mexico

**Julie Broyles** – Bible English Study Center (BEST) in Cambodia

**City of Children** – Ensenada, Mexico

**Made in the Streets** – Nairobi, Kenya; prayers requested following recent major flooding

**Medical Clinic Mission Support** – Ghana

**Daniel and Karly Napier** – Thessaloniki, Greece

**Megan Randolph** – Associate Director of Teacher Services, TeachBeyond

**David and Danna Willis and family** (brother of Tim Willis) – mission work in Samoa

## MILITARY SERVICE

**Javon Johnson** – serving as chaplain at the Ventura County Naval Base

**Michael Warford** – stationed in Spain with the Navy

**Derek Willis** (nephew of Tim Willis) – serving in PA in the Army

Attendance  
+ Giving

October 13 Attendance		October 13 Giving	
On-Site Service	134	Weekly Giving Average	\$12,786
Online Viewing	51	Weekly Giving Budget	\$12,502
		Be the Blessing Giving (To Date)	\$1,674,908
		Property Settlement	\$225,000

## CONEJO VALLEY CHURCH OF CHRIST

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