

Good News

Formative Stories from the Gospels

40-Day Spiritual Adventure Commitment Sheet

Sunday, February 22 – Sunday, April 5, 2026

I will participate in this year's *40-Day Spiritual Adventure* in the following ways (check all that you will do):

- I will fast in the following special way(s):
 - exclude certain foods: _____.
 - media fast (e.g., reducing TV/streaming, social media, etc.).
 - a one-day fast.
 - a multiple-day fast.
 - one meal per week during the 40 days.
 - one day per week during the 40 days.
 - other: _____.

- I will spend focused time:
 - reading through one of the gospels: _____.
 - praying for the church's leaders, the nation's leaders, and the world's leaders.
 - praying for a heart of understanding, empathy, compassion, and kindness.
 - serving others by providing food, friendship, help, and encouragement.

- I will participate in the **Hillcrest Atria "Sharing Our Hearts"** event on **Sunday, March 1, 12:15-12:45pm**. This is specifically for our Children's Ministry families and our Youth Ministry, but anyone is welcome to join in the day's activities (sharing notes and flowers with residents of Atria) to be a blessing to seniors in the area.

- I will participate in the **Bowls of Hope painting party** on **Sunday, March 8, 3-5pm** to support our neighbors at Many Mansions.

- I will serve as a **weekly tutor for Conejo Academy** (formerly Conejo Elementary School) first graders on Thursdays at 6:15pm (contact Rob West at robbie1138@gmail.com).
 - I am willing to serve as a **substitute tutor** when needed.

- I will participate by serving with a group from CVCC to complete **campus beautification projects at Conejo Academy** on **Saturday, March 21¹, 9am-12pm**—online signups will be made available.

¹ The date may be shifted to an earlier or later Saturday, but we're hoping for March 21.

- I/my child will participate in a **3-week baptism class**, taking place at 9am on **Sunday, March 15, 22, and 29** (contact Nick Zola at nicholas.zola@pepperdine.edu).
- I will participate in the **youth-led "Sandwich Making for Harbor House"** to share with people in the area who need food. All ages are invited to participate. (Date and time TBD).
- I will intentionally seek out reconciliation with someone known to be at odds with me.
- I will participate in a **Passover Seder** on **Saturday, March 28, at 5pm**, at the Scarberry home; however, I understand that there is limited seating and I must RSVP with Mark and Suzanne Scarberry by March 20.
- I will participate in a community service project at the **Many Mansions Spring Fair, 3-5pm on Thursday, March 27**.
- My children will participate in the **Palm Sunday processional** on **Sunday, March 29** at the 10:15am service (arriving 10 minutes early).
- I will participate in one of our Good Friday remembrances of Jesus' crucifixion:
 - Good Friday Service** (for adults and teens) from **9-10pm on April 3**.
 - Guided Family Experience (Date and time TBD).
- On **Easter Sunday, April 5**:
 - I will invite an unchurched friend to our 10:15am service.
 - my child(ren) will participate in the **living cross** during the Easter services.
- During these 40 days, I/my family will engage in service to others by:
 - visiting a shut-in or a hospital patient.
 - inviting someone out of my circle for lunch or dinner.
 - taking my kids to visit one of our seniors or shut-ins.
 - providing practical assistance for someone in need (cooking a meal, providing babysitting, giving a ride, etc.).
 - inviting a neighbor over for dinner.
 - other: _____.