



CVCC Health Ministry

Purpose

The health ministry wants you to know that there are many educational opportunities that deal with different topics that may be of interest and importance to congregation members. Physical health is intertwined with spiritual health and we see the example of Jesus, whose ministry demonstrated the importance of meeting the physical needs of his followers.

Upcoming Seminars / Training

[Senior Concerns](#) will be offering several seminars in the upcoming days and weeks:

- [Caregiver Recognition Day](#): This event takes place on Friday, May 15, from 11-1:30pm at Los Robles Greens. This is a free, uplifting gathering created to honor family caregivers and offer a moment of renewal, connection, and heartfelt appreciation for all they give. Please register through the link above no later than April 24.
- [The Memory Toolkit Series](#): This workshop will meet in person each Wednesday from April 15 through May 6 from 10am-12pm. You will need to register to attend either in person at 401 Hodencamp Road, Thousand Oaks 91360. To attend in person, contact Samantha Carnell at scarnell@seniorconcerns.org. This workshop is available online via Zoom on Tuesdays, June 16-July 7. To attend via Zoom, contact Valeria Moreno at vmoreno@seniorconcerns.org. The cost of this workshop is \$40 to attend in person or online.

Medical Equipment Resources

[Camarillo United Methodist Church](#) provides free used medical equipment to community members caring for elderly, ill, or physically handicapped family members. Equipment includes wheelchairs, walkers, commode risers, and more, and is available on a self-serve basis, Monday through Thursday, 9am-3pm, Sunday 9-10:30am at 300 Mission Drive in Camarillo. Individuals needing medical equipment or having equipment to donate can stop by during those hours to find what they need, use and keep it as long as it is needed.

There is an after-hours drop off area (follow the signs) for those wishing to donate who can't come during open hours. Please call (805) 491-1028 for more information (however the service is volunteer-run and it may take time for calls to be returned) or email medsupply@camarilloumc.org.

Questions?

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